The Pope's Monthly Intentions for 2026

Each year, the Holy Father asks for our prayers for a specific intention each month. You are invited to answer the Holy Father's request and to join with many people worldwide in praying for this intention each month. From time to time, the Holy Father may add a second prayer intention related to current events or urgent needs, like disaster relief. The second prayer request will help mobilize prayer and action related to the urgent situation.

The Holy Father has entrusted these intentions in a particular way to the Pope's Worldwide Prayer Network, an organization that works to encourage Christians to respond to the Pope's appeal and to deepen their daily prayer. You can find more information about the Pope's Worldwide Prayer Network on their website. (The Pope's Worldwide Prayer Network will also publish any urgent prayer intentions of the Holy Father as soon as they are received from the Holy See.)

Pope's Worldwide Prayer Network

December 2025

For Christians in areas of conflict
Let us pray that Christians living in areas of war or conflict, especially in the Middle East, might be seeds of peace, reconciliation, and hope.

January

For prayer with the Word of God
Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

February

For children with incurable diseases
Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

March

For disarmament and peace
Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

April

For priests in crisis
Let us pray for priests going through moments of crisis in their vocation, that they may find the accompaniment they need and that communities may support them with understanding and prayer.

May

That everyone might have food
Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.

June

For the values of sports
Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

July

For respect for human life
Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God.

August

For evangelization in the city
Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.

September

For the care of water
Let us pray for a just and sustainable management of water, a vital resource, so that everyone may have equal access to it.

October

For mental health ministry
Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

November

For the proper use of wealth
Let us pray for the proper use of wealth, that not succumbing to the temptation of selfishness, it may always be put at the service the common good and solidarity of those who have less.

December

For single-parent families
Let us pray for families experiencing the absence of a mother or father, that they may find support and accompaniment in the Church, and help and strength in the Faith during difficult times.